



3 Getting active

Increase the share of work trips made by active transport modes by residents of Inner, Middle and Outer Adelaide by 30% by 2045

The Plan aims to encourage active transport (i.e. walking, cycling and public transport) as important everyday modes of travel and as key parts of our urban transport systems.

Getting more people walking, cycling and using public transport will result in:

- increased capacity and reduced congestion in the transport network
- reduced environmental impacts
- improved public health
- reduced healthcare costs
- improved community wellbeing and social cohesion.

The Plan supports the State Government's *Integrated Transport and Land Use Plan* (ITLUP), which outlines a range of active transport network improvements and other solutions. Studies that informed ITLUP found that 72 to 75% of people¹⁶ have a trip destination within the same area from where they start and these trips are on average short, being three to six km in length. Facilitating more housing close to activity centres, jobs and services and public transport will provide more opportunities for people to change the way they travel for short daily trips (less than two km for walking and five km for cycling).

It is important to recognise that well-designed infrastructure is key to this increased usage as it provides an appropriate level of amenity and safety for users and a more pleasant and appealing journey.

How this target will be measured

The target will use journey to work Census data and set separate targets for Inner, Middle and Outer Metro areas (refer Map 16).

Current status

The share of work trips by active modes across metropolitan Adelaide in 2011 was 14.1%. An increase by 2045 would see this share increase to 18%.

The breakdown for Inner, Middle and Outer Metro areas is detailed in Figure 3.3 below.

Future investigations

DPTI will explore new data sources to assist with measuring the target, which may allow other trip purposes to also be measured (e.g. journey to school).

Figure 3.3 Active Travel to Work (includes bike, walk and public transport)

Area	2011	30% increase by 2045
Inner Metro	24%	31.2%
Middle Metro	14.4%	18.7%
Outer Metro	9.1%	11.8%
Metro Adelaide (GACC)	14.1%	18.3%

Map 16 — Active transport use for work trips

